

Relationship Readiness Questionnaire

Can I express my feelings with ease?

1

What outstanding issues do I still need to work on?

2

What are the top 5 qualities I bring to a relationship?

3

Do I know what I need to feel content in a relationship?

4

Do I know myself well enough to ask for what I need and want from a partner?

5

Am I able to accept myself with all of my imperfections?

6

Can I be alone and do things on my own?

7

Am I able to take care of myself and make myself a priority?

8

How do I receive love?

9

How do I show love?

10
